

Number 3 March 2016

## Laura Mosby to Speak at March Meeting

Our March meeting speaker is Laura Mosby who is a Charter member of Smithville American Legion Auxiliary Unit

Since joining the American Legion Auxiliary in 2001, Laura has held several offices on the Unit, District, Department (State) and National level. She was the Charter President for her Unit in 2001, Department of Missouri President in 2012-2013, National Executive Committeewoman Laura Mosby



for the Department of Missouri in 2013-2014 and Central Division National Vice President in 2014-2015.

Laura is currently serving on the National Strategic Planning Committee and is a committee member of the 2015-2016 National Public Relations Committee.

She is also a life member of the Veterans Of Foreign Wars and has held local offices in her Auxiliary.

She believes that all veterans and their families are to be honored for their service and sacrifices. However, sacrifices that the POW/MIA's and their families made/suffered for their country are impossible to imagine unless you are one of them. Honoring their sacrifices through service to others is one way to say thank you to the POW/MIA's of this country and their families.

Our Meeting will be held March 26, 2016 (4th Saturday) at the DAV (Disabled American Veterans) building at 8787 Old Santa Fe Road. The Auxiliary Luncheon begins at 1145 hours with the MOAA Luncheon beginning at 1215 hours.

### 2016 Meeting Calendar

23 January\*

27 February August (No Meeting)

26 March \* 24 September\* 23 April 22 October 28 May \* 19 November\*

18 June (Chapter Picnic) 10 December (Holiday Party)

**NOTE**: All Meetings are on the 4th Saturday EXCEPT as indicated. They vary according to a holiday

or available date.

\*(Exec Council meets at 10:00 am)

Web Site: www.moaahoa.org/

Cost of the lunch is \$12.00. A Board Meeting will be held at 1000 hours for Chapter Officers.

To get to the DAV, exit off I-435 at 87th Street (close to Bannister Mall), and drive east to Old Santa Fe Road, turn right for one block, or drive on Blue Ridge to 87th Street and turn west, go one block to Old Santa Fe Road, turn left and go approximately one block. The DAV is at the rear of Loma Vista Shopping Center.

Everyone must have a meal reservation by Wednesday of the week before the luncheon. Those on the permanent list need to call only if they will be absent. Substitute meals must be made at time of reservation. Cancellations must be called in by 9:00 a.m. Saturday of the luncheon. Reservations are imperative in order to provide meals for all who attend.

To make reservations, contact Samuel or Judy Leonard by telephone at 816-792-0744 or by e-mail at ilynn2@kc.rr.com by Wednesday before the meeting.

PLEASE — No reservations can be accepted after 1000 on Wednesday especially requests for substitute meals.

## **Meeting Information**

TOPIC: American Legion Auxiliary

SPEAKER: Laura Mosby

Smithville American Legion Auxiliary

Saturday, March 26, 2016

11:30 a.m. - Auxiliary TIME:

12:15 p.m. - MOAA

MEAL COST: \$12.00

Corned Beef/Cabbage/Horse Raddish,

New Potatoes and Carrots, Corn Bread, Butter, Coffee, Iced Tea, Desert

(Substitute Meals of Baked Chicken Breast or Hamburger Steak must be requested at Time of Reservation)

LOCATION:

Disabled American Veterans 8787 Old Santa Fe Road Kansas City, Missouri

Call Sam and Judy Leonard at 816-792-0744 for Reservations or e-mail jlynn2@kc.rr.com

## **Notes** from the President





by G. Bruce Eveland

Greetings Fellow Officers,

Our national organization continually emphasizes the importance of our country having a strong defense, military at the ready and an impenetrable security program in place. Today we have over 390,000 members of MOAA and growing. This membership is vital; it provides us our voice when addressing Congress in matters

### HEART OF AMERICA CHAPTER Military Officers Association of America



Opinions expressed herein are those of the editor or columnists and are not necessarily those of the Heart of America Chapter of the MOAA Military Officers Association of America.

#### 2016 HEART OF AMERICA CHAPTER OFFICERS

POSITION	DANK	OFFICER	HOME		
POSITION	KANK	OFFICER	HOWLE		
President	COL	G. Bruce Eveland	609-238-6141		
1st Vice President	COL	Celia A. Allman	816-320-3464		
2nd Vice President	Maj	Gary J. Fox	816-525-3592		
Recording Secy	CAPT	Roger "Jim" Davis	816-373-1523		
Membership Secy	MAJ	Keith Pechak	913-915-2131		
Treasurer	MAJ	Emma Toops	719-200-9530		
Immed Past President	Maj	Jerry Magliano	913-261-9957		
Auxiliary President	Mrs.	Susan Eveland	816-309-6182		
APPOINTED OFFICERS:					
APPOINTED OFFICERS:					
Chaplain	CDR	Rod Kelley	816-560-4512		

#### STANDING COMMITTEE CHAIRS):

		,	
Finance	Col	Garey Reeves	816-524-5571
Legislative	Maj	Bill Tudor	816-380-6363
Membership	Maj	Gary J. Fox	816-525-3592
Program	Capt	Don Dawson	816-741-4027
Scholarship	Maj	Victor Christianson	816-240-8315
Newsletter Editor	LTC	Leslie C. Hobbs	816-830-5309

concerning our armed forces and national defense. Our chapter plays a tremendous role in helping to provide this strength to national.

One of my goals this year is to recruit one hundred new members. I am proud to inform you that we have already reached 25% of this goal. I encourage you to invite any of your friends and neighbors that have been officers in our armed forces to please join us for one luncheon. I would hope that they would find this to be a rewarding experience and become a member of our chapter.

As you are aware we are hosting a veteran coalition at our luncheon April 23<sup>rd</sup>. Col. Michael Barron, USA Ret. will be coming from national to speak on pending legislation in 2016 that will affect all of us. We have invited representatives from other veteran organizations to join

We are asking for every member of our chapter to please RSVP to Sam and Judy Leonard for this luncheon, even if you are currently on the permanent list. I know this event will give each of us vital information we will need in addressing our Congressional representatives and navigating through the military retirement programs.

Thank you for your service to our country and thank you to the spouses that remained behind to keep our homes and families intact. Our National MOAA motto, "NEVER STOP SERVING", so please join us at our monthly luncheons, we are always in need of new talent and ideas to make our chapter a success.

### **Important Notice**

A representative from MOAA National will speak at our April 23<sup>rd</sup> Luncheon meeting to bring us up to date about important legislation in 2016.

We are inviting members of other military/veterans organizations to join us. We ask ALL of our members wanting to attend to please notify Sam & Judy Leonard as soon as possible but no later than April 11<sup>th</sup> at 816-792-0744 or email jlynn2@kc.rr.com.

Your RSVP is needed even if you are on the permanent luncheon list. Thanks and hope you can attend what will be a very informative meeting.

### Happy Easter



**Auxiliary News** 

Hold on to your hats—March is here! We live on the top of a hill, the March winds have come in full force.

This year the auxiliary intends to help with the funding of the MOAA-HOAC "Veterans and Family Support Program". There will be only one fundraising effort this year, so cross your fingers we are successful.

The mailing of our "Bakeless Bake Sale" fundraiser has gone out to every member of the Heart of America Chapter. This money will go to help veterans and their families, not just at the holiday season, but at other times throughout the year.

Mary Ann Robker will be our hostess for the March meeting. Our next meeting will be March 26<sup>th</sup>, 11:30 am, as usual we will be joining the MOAA Chapter for the luncheon and program.

Remember the cost of lunch is now \$12.00.

We will not have an auxiliary meeting April 23<sup>rd</sup>; a special chapter meeting is planned with a representative from National to discuss upcoming important legislation for 2016 that will affect all of us.

If you are planning on attending the April 23<sup>rd</sup> meeting, please contact Judy & Sam Leonard (816-792-0744 or email: jlynn2@kc.rr.com) to make your reservation. A reservation call is required by every member no later than April 11th, even if you are on the permanent reservation list. There will be other veteran/military organizations joining us, seating will be limited.

Stay safe we need each and every one of you!

Susan

Susan Eveland, President MOAA-HOAC Auxiliary

### **Deputy Surgeon's News Update**

by COL Linda Crosser
Screening for Cancer – 2016

The next 2 steps after taking preventive measures to protect from disease are to identify personal risk for disease, and screen for presence of disease. Cancer screening recommendations are based on statistical analyses of the cost/benefit ratio and the sensitivity/ specificity of screening measures.

Multiple agencies have varying recommendations for disease measures: US Preventive Services Task Force, American Academy of Family Physicians, American College of Physicians, and various specialized medical societies, such as the American Cancer Society.

The American College of Physicians reviewed evidence for screening for 5 types of cancers. This study looked specifically at "high-value" screening for cancer in average-risk, adults who had no symptoms.

The May 19, 2015 issue of the Annals of Internal Medicine highlights the screening recommendations for 4 of 5 cancers: cervical, colorectal, prostate, and breast; due to lack of effective screening measures, there were no screening recommendations yet for ovarian cancer screening in average risk women.

Medical science is always trying to scientifically improve its recommendations. Yet, as a practical matter, most patients of average risk will follow recommendations that are paid for by their insurance. Interestingly, it is usually Medicare that sets the coverage and payment standard, which is usually what most insurance companies will follow.

Eventually, changes to screening recommendations will occur gradually, often offering several options that provide equivalent screening success, at varying cost and risk to patients. Guidelines suggest "Choose wisely, and do no harm".

Ref: Wilt, TJ, et. al. "Screening for cancer: Advice for high-value care from the American College of Physicians", Annals of Internal Medicine, 2015; DOI: 10.7326/MI4-2326.

Harris, RP, et. al. "A value framework for cancer screening: Advice for high-value care from the American college of Physicians", Annals of Internal Medicine, 2015; DOI: 10.7326/MI4-2327.

### Scholarship Fund President's Club

Thanks to all who contributed so generously to our scholarship fund for the 2016-2017 school year. Donations large or small are greatly appreciated. The following is a list of those who contributed \$100 or more:

Allen Robert Angolia John Barton Cecil Burnham Edward Cory David Dixon John Dixon Lawrence Dwigans Joseph Eveland Bruce Fox Gary Hansford John Herndon Eugene James Vernon Magliano Gerald

Montemore Martin Peterson Daniel Provost Francis Reed William Robinson Donald Rubin Doris Sauve Robert Seymour Earl Treu William Trudell Richard Tudor Billy Wells Charles Wilcox John Worthington Fred



## **Heart of America Chapter (HOAC)**

# Chapter and/or Auxiliary Membership Application/Renewal or Scholarship Donation

Name:		Date:
Membership Dues: Chapter \$20 Year	Scholarship Donation?	
	Auxiliary \$5 Year	Write in the Amount
Primary Phone Nu	mber:	
Email Address:		
Best way to reach y	ou? Phone or Email	If phone, best time to call you? AM or PM or other
Make checks payab	ole to:	Mail to:
Heart of America Chapter MOAA	MAJ Emma Toops, Treasurer MOAA	
	22804 West 73rd Street	
	Shawnee, KS 66227	